



The Sewing Labs
Create. Inspire. Thrive.

St. Luke's Hospital Walker Bags

Video Tutorial Coming Soon Available at <https://thesewinglabs.org/get-involved/community-projects/>

Sewing Instructions:

1. (If tags are included in your kit, follow this step. If there are none, you can continue to step 2). Take your The Sewing Labs label and align it 1 ½" from the top left corner on the heavier fabric. Stitch along the edge of the label to secure it in place.
2. Match right sides of fabric together and sew around the edges at ½" seam allowance leaving an unopen section in the middle of one of the short sides.
3. Trim the corners to reduce bulk when you turn the bag right side out.
4. Turn the bag right side out and push out your corners to get sharp edges.
5. Press the bag to make the edges crisp and ready to be topstitched.
6. On the open section of the bag, fold ½" of the fabric to the inside of the bag, to match the rest of the seam allowance. Pin or press fabric in place.
7. Sewing at ¼", stitch along the whole edge of the short side with an opening. This will close the edge and hide where the opening was.
8. Stitch 1/8" away from the previous seam, to reinforce that edge.
9. Fold up both sides of the fabric 10", heavier fabric should be showing. This will become the pockets of the bag.
10. Fold your straps in half and pin them to the inside center of the long sides of the bag. These will get sewn in the next step.
11. Stitch along the long edge at both 1/8" and ¼". This closes and reinforces the sides.
12. On the side without a tag, (if tag was included in the kit), find the center of the pocket, and mark a line along the middle of the folded flap. This will become the line you stitch on to turn the one pocket into two.
13. Sew along the marked line to create two pockets out of the one.
14. Sew 1/8"-1/4" from the middle seam of the pocket to reinforce that seam.