The Schedule - **An email will be sent to you at 6am CTZ on Saturday the 24th of July. This will contain the full schedule for the day (same as copied below), and links to all the video content. All the content for the day will be available immediately, so you can jump in and out and watch it as you wish (this makes it accessible to all our attendees). Your Password to log in will be: Gratitude. All the videos will remain available throughout the weekend. The videos will remain available after the Gratitude & Grace Retreat thru 8/24, so you can catch up later. There will be live sessions on Saturday so details of these are below. Please feel free to share this invite with anyone that you think might want to sew-a-long with us this weekend!!**

Gratitude & Grace Retreat

Community of Makers

[Cite your source here.]

**Ticket link -** <https://thesewinglabs.community/events-photos/event-calendar.html/event/2020/07/25/online-gratitude-grace-retreat/299182>

**Sew-A-Long – Remember that if you are attending the Online Event you get to pick what project you will be working on.** It is recommended that you plan your project before the event starts so that you will have a great weekend of sewing. Please share your projects and progress with us using #gratitude&graceretreat. This could be a new quilt or sewing project or it could be a UFO that you need to finish up.

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Friday Night Welcome – We invite you to introduce yourself on a Google Meet call. Each participant will get 3 minutes to introduce yourself and tell us about your project you are making or just something to be grateful for.

Saturday –

* Introductions - Linnca Stevens of ***The Sewing Labs*** will give an overview and answer some FAQs – if you have additional questions please email them to mailto:linnca@thesewinglabs.community

Ann Greenleaf – Featured Creative Artist – **Live Trunk show** – Saturday 7/25 @ 6pm – join us via Facebook live. Turn in LIVE or follow this link <https://www.facebook.com/events/3097478523698947/> to our Facebook page – to experience the **Shibori Dyeing of Ann Greenleaf**. Ann will share your beautiful methods & tips while showcasing textiles as well as finished garments. Find her more of her work on Facebook – Angie @ Ann G. If you cannot make the live event your ticket will give you special access to video afterwards.

Ann Greenleaf Artist statement

I have been dying fabric with various techniques for over two decades. I first fell in love with the Japanese art of Shibori in a weekend workshop and have been exploring, developing, and honing the endless possibilities of this art as my primary medium. I'm fascinated by its history as well as how I can create my own voice using these ancient techniques.

The combination of type of fabric + Shibori technique + dye process continues to inspire me and fuels my curiosity.

I'm committed to using traditional Shibori techniques, tools, and processes, while hungry to bring a modern look that is all my own.

Community of Makers Videos – Jump into the videos that you want to watch. The videos are in no particular order but are grouped by artist. These videos will be available for you to watch over the weekend and thru 8/24

* + **Amy Barickman** – [www.amybarickman.com](http://www.amybarickman.com) FB – Amy Barickman Studios sharing fabulous vintage textiles & projects made by hand.
	+ **Art by Elaine Lewis** – Afro-American Artist by @jazzykgirf on Instagram. Creative Abstract, Textile Art, Stories through Fabric
	+ **Laura Treas –** [**www.fashiontechkansascity.com**](http://www.fashiontechkansascity.com)@FashionTechKC on Instagram, a Full service Micro factory, patterns to production. She will help you launch your products while coaching gets you action.
	+ **Robert Lackie –** [**www.kcsoaparee.com**](http://www.kcsoaparee.com)**,** Robert\_lackie@hotmail.com, licensed professional mental health psychotherapist and registered art therapist He uses the creative arts in his work to educate, enrich and empower men, women and children with and without disabilities.
	+ **Barbara Hadley -** - @barbarahadleykc on Instagram - sharing her work in Art Journaling as a therapy.
	+ **Karen Neal -** @knealkc on Instagram - creative artist sharing her many mediums of inspiration from weaving, knitting, dyeing, quilting and more!
	+ **Cali Roberta Cox -** @Cherokee Punk on Instagram, sharing her off grid produced handmade leather products spinning three generations returning to the earth & all her abundance for fabulous functional fashion.
	+ **Hadley Ann Clark –** [www.hadleyclark.com](http://www.hadleyclark.com) , Hadley.clark on Instagram – inefficiently making clothes since 1977. Hadley give a new purpose to old discards, gives form to thought. 2010 Parson’s Designer of the year, instructor @ KC Art Institute, University of Kansas – Lawrence.
	+ **Kriss Miller -** [www.slo-studios.com](http://www.slo-studios.com) @tinyfarmstudios.com on IG, @slostudios on IG, @menditating on IG – as an artist, I am a polymath. I love ALL the mediums. My faves are paper mache, clay and fibers/textiles. I like nature, children, animals and making something daily. I am a community focused organizer who believes in the power of collaboration.
* Lessons
	+ **¼” seam guide –** this clever tool was designed by our Mary J M. and is available to use in the labs. Available with $10 donation. If you want your own email us @ thesewinglabs@gmail.com.
	+ **Infinity Binding –** Live Tutorial – Sunday @ 11am – watch how to make and add binding to your quilt using the Infinity method. No special tool needed.
* “Suburbs” quilt block tutorials – this years Gratitude & Grace Quilt pattern was designed by Cluck Cluck Sews. We selected this quilt with houses because we wanted to be mindful of community. In 2020, we have been so isolated due to COVID that reminding all of us that we are part of a greater community and must stay connected.
	+ Block Construction – cutting & putting together the first house block
	+ Mini Block – how to convert the house block into a mini quilt
	+ Adding a Tree – create trees for your house quilt = FREE pattern- <https://cluckclucksew.com/wp-content/uploads/2019/03/Suburbs-Tree-Block.pdf>
* Sew-n-tell – Don’t forget to keep up with all the fun by following us on Facebook and Instagram and following #gratitude&graceretreat and sharing what you are making.

Thank you for sewing-a-long with us this weekend!! If you are interested in being part of our next online – Community of Artists – drop us a note @ thesewinglabs@gmail.com